Mini Review

Cerebellar Structure and Function in Autism Spectrum Disorder

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ABSTRACT

Autism spectrum disorder (ASD) is a heterogeneous neurodevelopmental condition characterized by early-onset repetitive behaviors, restricted interests, sensory and motor difficulties, and impaired social interactions [1]. There is increasing interest in understanding cerebellar contributions to ASD, given growing evidence of structural and functional anomalies in ASD [2,3]. For example, human postmortem studies report Purkinje cell degeneration and loss [4–7] and GABA and reelin abnormalities [8]. Moreover, these cerebellar structural abnormalities have been linked to ASD symptom emergence. For example, core ASD symptoms such as decreased exploratory behavior and repetitive, stereotyped behavior have been significantly correlated with cerebellar vermis volume reduction [9]. In addition, lobular cerebellar gray matter volume is inversely correlated with ASD symptom severity.

KEYWORDS: autism spectrum disorder; cerebellum; development; cognition

INTRODUCTION: CEREBELLUM, CEREBELLAR DEVELOPMENT, AND ASD

Autism spectrum disorder (ASD) is a heterogeneous neurodevelopmental condition characterized by early-onset repetitive behaviors, restricted interests, sensory and motor difficulties, and impaired social interactions [1]. There is increasing interest in understanding cerebellar contributions to ASD, given growing evidence of structural and functional anomalies in ASD [2,3]. For example, human postmortem studies report Purkinje cell degeneration and loss [4–7] and GABA and reelin abnormalities [8]. Moreover, these cerebellar structural abnormalities have been linked to ASD symptom emergence. For example, core ASD symptoms such as decreased exploratory behavior and repetitive, stereotyped behavior have been significantly correlated with cerebellar vermis volume reduction [9]. In addition, lobular cerebellar gray matter volume is inversely correlated with ASD symptom severity.
specifically social interaction, communication, and repetitive behaviors [10]. Riva and colleagues [11] found that children with ASD had reduced cerebellar grey matter volume in Crus II and vermis, which was associated with reduced communication and interaction, suggesting cerebellar involvement in social interaction deficits seen in ASD. A recent study by Kelly et al. [12] used optogenetic techniques in a mouse model of ASD to demonstrate reduced functional connectivity between the right cerebellar Crus I and medial prefrontal cortex (PFC), a finding they corroborated with fMRI analyses of brain connectivity in individuals with ASD. This finding suggests that abnormal development of cerebellar-cortical circuits likely contribute to social cognitive processes that are often deficient in ASD. More thorough examination into early development of the cerebellum may provide further insight into the processes by which these circuits become dysfunctional.

The cerebellum is a complex and late-maturing neural region that is vulnerable to early developmental insults that can profoundly disturb intracerebellar development [13]. Consequently, cerebellar developmental disturbances are believed to impair proper cerebellar-cortical circuit formation, which are robust findings in ASD [14–16].

Inhibitory Purkinje cells and excitatory granule cells are integral to proper pre- and post-natal development. Disruption of either of these two cell systems can profoundly disrupt cerebellar development [17,18]. In recent years, theories have emerged suggesting that the etiology and development of ASD is partially caused by widespread mild but cumulative disruptions to the Purkinje cell system [19,20].

One significant way cerebellar development may be impaired is through disturbances in precisely timed and reciprocal interactions of granule and Purkinje cell, which are critical to later prenatal stages of cerebellar brain development [21]. Granule cell neurogenesis is promoted by the earlier-born Purkinje cells [18]. Additionally, granule cells are key components to the functioning of the cerebellum as they make up most of the synaptic input onto Purkinje cell dendrites and are fundamental to the cerebellar cortex's lamination process during development [22]. Thus, early genetic, mechanical, or environmental disruptions to this developmental cascade can be amplified, causing damage not only within cerebellum, but also disrupting the development of critical cerebellar-cortical circuits.

The above findings collectively suggest cerebellar involvement in ASD and point to promising targets for therapeutic interventions. The aim of the current review is to explicate understanding of cerebellar mechanisms in ASD by integrating and contextualizing recent structural and functional cerebellar research in ASD using evidence from studies in neuroimaging, lesions, postmortem, and murine models. There is specific emphasis on the mechanisms by which the cerebellum contributes to social-cognitive processes within ASD. For other recent reviews on the topic of the cerebellum and ASD, see Mapelli et al. [23].
EVIDENCE FOR CEREBELLAR INVOLVEMENT IN SOCIAL COGNITION

The internal working models within the cerebellum allow for feedforward predictive motor control contributing to coordinated movement [24,25]. During early development and throughout the lifespan, the cerebellum helps to make the functioning of the rest of the cerebral cortex more efficient through its modulation of other significant cortical areas via the feedforward mechanisms it uses to update one's internal models of the world [26]. Just as the cerebellum plays a crucial role in motor control, balance, and coordination via the formation of internal models, it also uses similar adaptive feedforward mechanisms to modulate non-motor psychological processes [26–28]. Increasing evidence supports the cerebellum’s importance beyond basic motor control to include important aspects of non-motor cognition. When cognitive processes are more effortful, there is a higher degree of engagement from the cerebellum, leading to the suggestion that cerebellum moderates higher order cognition by facilitating the efficiency of other cortical regions by ways of sending adaptive feedback to the cerebral cortex [29]. Further, anatomical tracing has shown extensive communication between most of the cerebrum, including areas which are not typically implicated in motor processes, and the cerebellum [30,31]. This framework for understanding the cerebellum underpins the theory that the cerebellum modulates cognitive processes by updating existing knowledge and sending adaptive feedback to other cortical regions [26,27]. For a more comprehensive review of the cerebellum's role in cognitive states, see Schmahmann [32].

Considering that core symptoms of ASD often involve impairments in social interaction and interpersonal communication, social cognitive processes such as mentalizing abilities and social prediction are important areas of study [1,33]. Growing evidence has implicated the cerebellum’s contribution to social processes, such as thinking of other's cognitive or emotional states. For example, Van Overwalle and colleagues [29] conducted a meta-analysis of over 350 fMRI studies which revealed that abstraction processes in social cognition (e.g., thinking about oneself in the future and recalling autobiographical past) activated various regions within the cerebellum in non-clinical populations. Given the cerebellum appears to be integral in social cognitive processes also impaired in ASD, recent theories of adaptive social prediction have begun to ascribe cerebellar contributions to the anticipation of a social partner's thoughts and intentions or to make inferences of other's mental states [29,34–36].

Social deficits in autistic individuals may arise due to difficulty in using past information to flexibly adjust social behavior and adapt to changing social situations [37], which can be interpreted as a failure to update internal models of one's social world. Fundamental social cognitive processes used in many day-to-day social and communicative functions seem to be mediated by Crus I and II–PFC circuit connectivity, and this network has been found to be particularly affected in ASD as the impairment of this circuit seems to contribute to core symptoms of the
disorder [35,38,39]. It is important to note that findings in ASD consistently point toward a reduction of volume in posterior Crus I/II lobules [34], areas which have been implicated in multiple social cognitive processes [29,40,41].

Important processes for successful social interactions involve theory of mind (understanding how another person is thinking and/or feeling based on one’s understanding of the self and other external individuals), body reading (understanding bodily gestures to help in inference of social interactions), and emotion recognition (construing another’s emotional expression) which are all commonly affected in ASD. In ASD, reduced cerebellar activation has been shown during mirroring actions or mental states of others [42]. In non-autistic individuals, theory of mind/mentalizing tasks reliably engage the Crus I and Crus II lobules, with these cerebellar regions also showing strong connectivity with key regions of mentalizing such as the medial prefrontal cortex and the tempo-parietal junction [9,43].

Exploration of the perception of biological motion of the human body in ASD has revealed decreased connectivity between several areas within the cerebrum and posterior cerebellum during body reading—specifically, negative associations between level of social interaction impairment and Crus I/II activation have been demonstrated in this population [44]. In non-clinical populations, activations of Crus I, lobule VIIB, lobule VI, and Crus II seem to be present during body reading tasks [29,45]. Sokolov and colleagues [45] further found functional connectivity between the superior temporal sulcus and cerebellum, pointing to pathways that help facilitate communication between the cerebrum and cerebellum during social cognitive processes.

Autistic individuals often present with profound facial emotion recognition deficits [46], and how the cerebellum contributes to emotion recognition processes in ASD is not understood. However, numerous studies point to cerebellar activation during facial emotion recognition in non-clinical populations [41,47], primarily in posterior cerebellar regions such as Crus I/II and lobule VI, which suggest that these cerebellar regions should be a focus in future studies of emotional recognition in ASD.

These recent empirical findings not only reinforce the notion that the cerebellum is an integral brain structure involved in creating feedforward models of our environment, but also provide evidence that it plays a distinct role in higher order social cognitive processes that are impaired in ASD.

CEREBELLAR INJURY ASSOCIATED WITH ASD

Lesion studies have also contributed to the present understanding of ASD due to the sometimes drastic neural, behavioral, and clinical consequences following early damage to the cerebellum. Cerebellar injury is a frequent finding in very preterm infants (<32 weeks), and up to 40% of all infants who have cerebellar lesions or hemorrhages are diagnosed.
with ASD [21,48]. During weeks 20–40 of gestation, the cerebellum is the most rapidly developing brain structure [49,50]. Therefore, cerebellar development is disrupted in preterm infants during a critical neurodevelopmental window [21].

Postnatal cerebellar damage can also have adverse developmental consequences. For example, Boswinkel et al. [19] found that children with cerebellar hemorrhage have altered developmental trajectories, and the severity of abnormal neurodevelopmental outcome is associated with the severity of cerebellar hemorrhage. One example of cerebellar injury leading to ASD-like symptoms is that of posterior fossa syndrome. This syndrome includes symptoms that mirror ASD such as language deficits, difficulties with spatial cognition, disinhibited or inappropriate behavior, and problems with modulating affect [14,51]. Many children who have medulloblastoma cerebellar tumor resection surgery go on to experience posterior fossa syndrome, with the extent of the resection related to the later development of this syndrome [52]. Similarly, positive correlations were found between vermal abnormalities and ASD symptomatology in large studies of children with cerebellar malformations on cerebellar malformations, supporting a link between ASD and cerebellar pathology [53].

Given the considerable overlap of ASD diagnosis and cerebellar lesions, it is also important to note that patients with cerebellar injury and/or lesions performed worse on mentalizing tasks, providing further evidence of the cerebellum's role in the social-cognitive process of interpretation of other's mental states [54]. In addition, children with cerebellar lesions have shown difficulty in using other's actions to predict their ultimate social outcomes [55]. Because cerebellar lesions are associated with lower performance in social processes commonly impacted by a diagnosis of autism, injury to this important neural region should not be understated.

Taken together, evidence indicates that the cerebellum follows a complex developmental trajectory which is highly sensitive to insult such as premature birth and early cerebellar injury and that autistic-like clinical symptoms are associated with cerebellar injury.

MOUSE MODELS SUPPORT CEREBELLAR INVOLVEMENT IN ASD

Supporting the putative role of the cerebellum in ASD, mouse models of autism frequently show cerebellar abnormalities [56]. Mouse models of ASD which involve specific deletions or mutations of candidate genes shown to be influential in the development of the disorder, such as CADPS2 and GABRB3. For a more detailed review on animal models and ASD, see Mapelli et al. [23].

For example, rare variants of the gene CADPS2 have been found to be associated with ASD [57]. Similarly, CADPS2-KO (knockout) mice exhibit autistic-like behaviors such as impaired sociability and higher anxiety with novelty [58]. GABRB3 has also been identified as a gene of interest, as GABRB3 gene expression has been found to be reduced within the
cerebellum of autistic individuals [59]. GABRB3-KO mice show both cerebellar structural abnormalities of cerebellar hypoplasia, but also hyperactivity, poor motor skills, and decreased social behavior consistent with what is often found in ASD [60]. One well studied mouse model that links cerebellar abnormalities to ASD-like behaviors is tuberous sclerosis complex (TSC), a genetic disorder that results from mutation of the TSC1 or TSC2 gene and is associated with high rates of comorbid ASD in humans. TSC1 and TSC2 mutant mice display reduced interest in exploratory social behavior [61], increased rates of repetitive self-grooming, and increased cognitive rigidity as demonstrated by impaired learning of a new escape platform [62]. Kelly et al. [12] demonstrated that TSC1 mutant mice showed hyperactivity of the medial prefrontal cortex, and chemo-genetic inhibition of mPFC activity reduced repetitive grooming in the mice as well as improving flexibility in solving a water maze task, which mirror common behavioral patterns found in ASD, suggesting that these mPFC-cerebellar circuits mediate these ASD-like behaviors.

In mice, chemo-genetically mediated inhibition of Purkinje cells results in ASD-related social and repetitive behaviors, and inhibition of interneurons that directly influence firing activity of Purkinje cells in the right Crus I. Interestingly, ASD-like social and repetitive behaviors are influenced by this inhibition but not motor and gait behavior, suggesting an independent and unique contribution to social and repetitive behaviors by the cerebellum beyond motor dysfunction [63]. By manipulating neural activity in the mouse cerebellum using reversible chemo-genetic perturbation of molecular layer interneurons, Badura et al. [64] demonstrated that Crus I plays a role in the development of reversal learning, novelty-seeking, and most prominently, social preference. Increasing rodent model evidence clearly suggests that these cerebellar mechanisms may be disturbed in ASD, and these disruptions may lead to downstream consequences resulting in ASD-like symptom expression and behavior. Likewise, these rodent findings support a key role for cerebellum for the emergence of normal social-cognitive development.

CONCLUSION

In summary, cerebellar structural and functional abnormalities are commonly reported in ASD, and evidence of cerebellar contributions to social-cognitive deficits in rodent models of ASD convincingly converge with these findings. It is important to use the collective findings gathered from recent neuroimaging studies, mouse models, meta-analyses, lesion studies, and neuropathological studies to add to the field’s growing knowledge of the dysfunction of the cerebellum in ASD so that more efficacious and mechanism-based treatments for this heterogeneous condition can be identified.
Figure 1. A visual summary of ASD-specific cerebellar differences.

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DATA AVAILABILITY STATEMENT

No data were generated from this study.

AUTHOR CONTRIBUTIONS

Bess F. Bloomer: Writing—original draft, Literature reviews, Writing— review and editing. Jaime J. Morales: Writing—original draft, Writing— review and editing. Amanda R. Bolbecker: Writing—review and editing. Dae-Jin Kim—review and figure creation. William P. Hetrick: Writing— review and editing.

CONFLICTS OF INTEREST

The authors declare no conflicts of interest with respect to the authorship or the publication of this article.

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